

# Download Drug Induced Nutrient Depletion Handbook 1999 2000

## Drug

Drug-Induced Nutrient Depletion Handbook [Ross Pelton, James B. LaValle, Ernest B. Hawkins] on Amazon.com. \*FREE\* shipping on qualifying offers. A complete and up-to-date listing of all drugs known to deplete the body of nutritional compounds. NEW IN THIS EDITION. An increased number of drugs in the alphabetical listing of drugs section (serves more as a drug index).

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## Drugs that Deplete and Nutrients that Heal | Life Extension

A review of Drug-Induced Nutrient Depletion Handbook, 1999-2000 ... Women are another group of drug consumers who should be especially concerned with drug-induced nutrient depletion. Few women know that oral contraceptives lower the levels of such vital nutrients as Vitamin B2, B6, and B12, Vitamin C, folic acid, magnesium and zinc. ...

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Sources Pelton R, LaValle J, Hawkins EB, Krinsky DL. The drug-induced Nutrient Depletion Handbook 1999-2000. Lexi-Comp Inc. Pelton R, LaValle J. The Nutritional Cost of Prescription Drugs. 2000. Denver, CO Morton Publishing Company. www.morton-pub.com

## Cholesterol Lowering Drugs: Nutrient Depletion Checklist

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## **Drug**

depletion of nutrients include inhibition of nutrient absorption, synthesis, transport, storage, metabolism, and excretion. There are a large number of studies appearing in the scientific literature reporting the drug-induced depletion of nutrients. Way has this information not been communicated to the patients who are taking these drugs?

## **DRUG**

Much of the information on this page came from Ross Pelton's Drug-Induced Nutrient Depletion Handbook, because he posted it on the Nutrition Science News website, before they folded in 2002. This type of information is difficult to gather and to keep updated, because so many new drugs come out, and so many older drugs are pulled off the market.